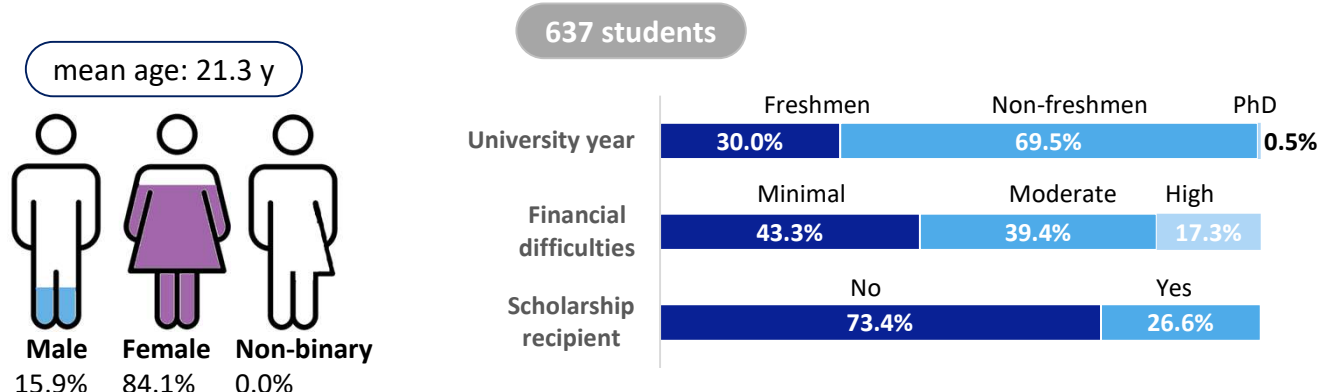
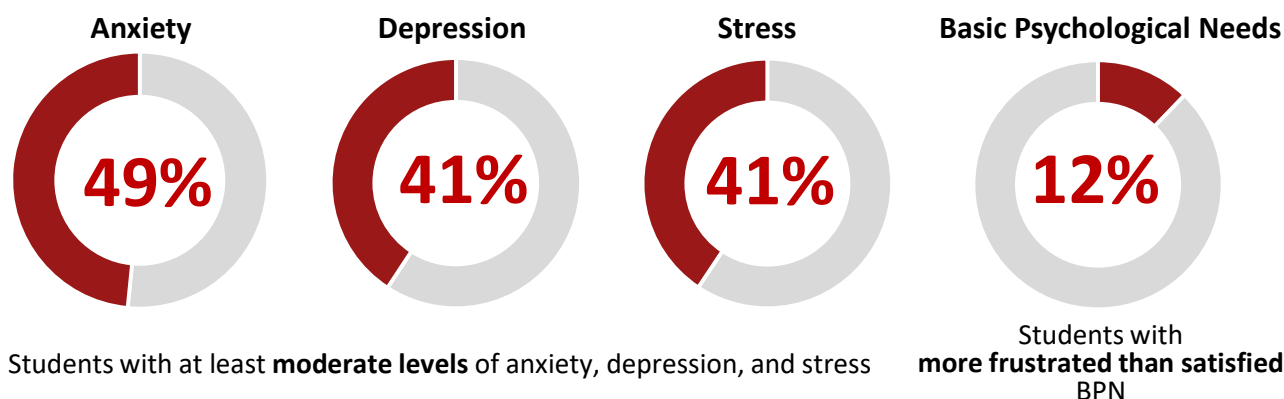


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Characteristics of the sample



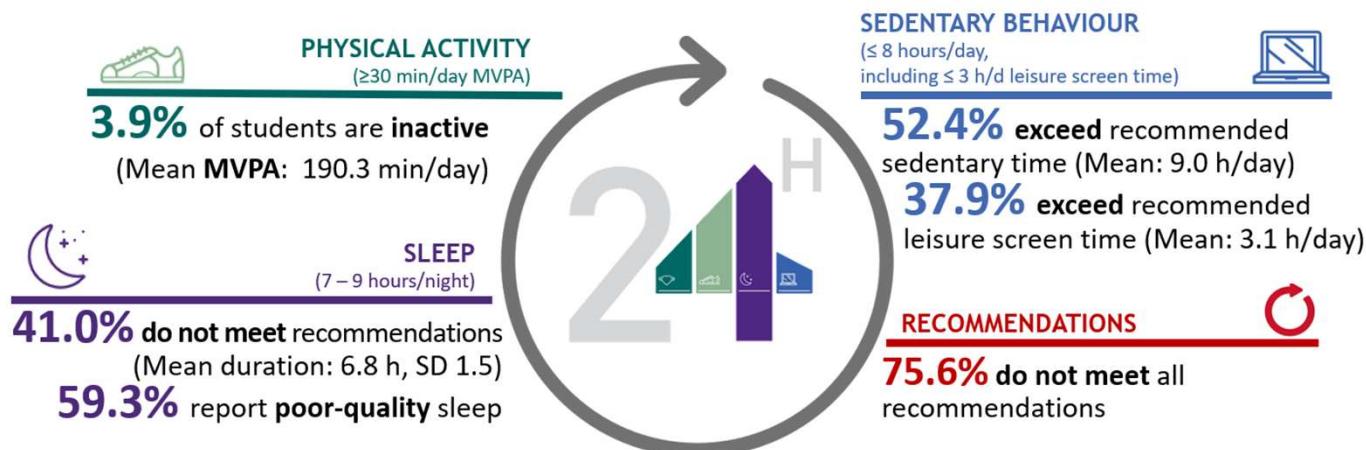
Mental health and wellbeing



Substance use



Movement behaviours



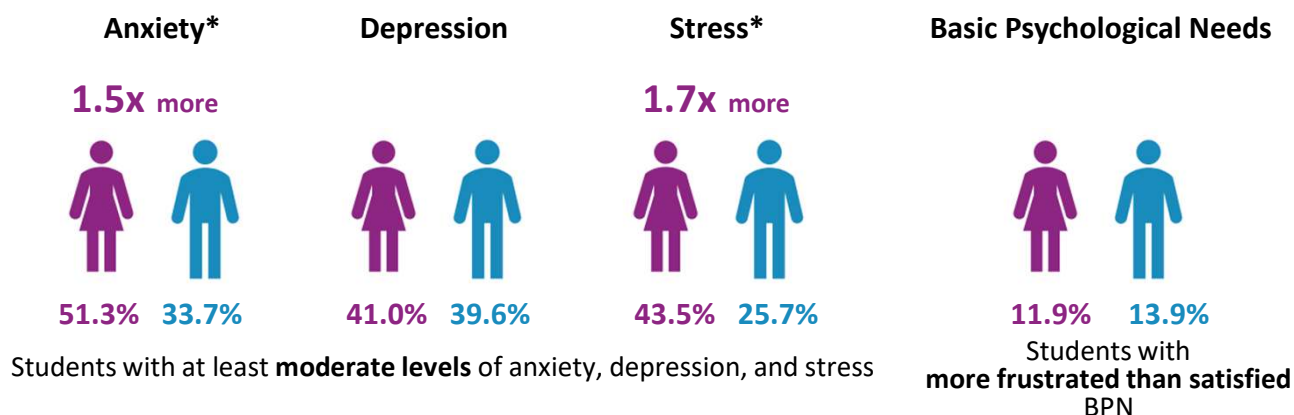


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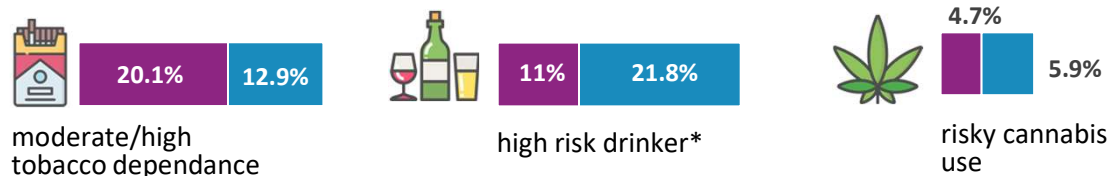
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Gender differences

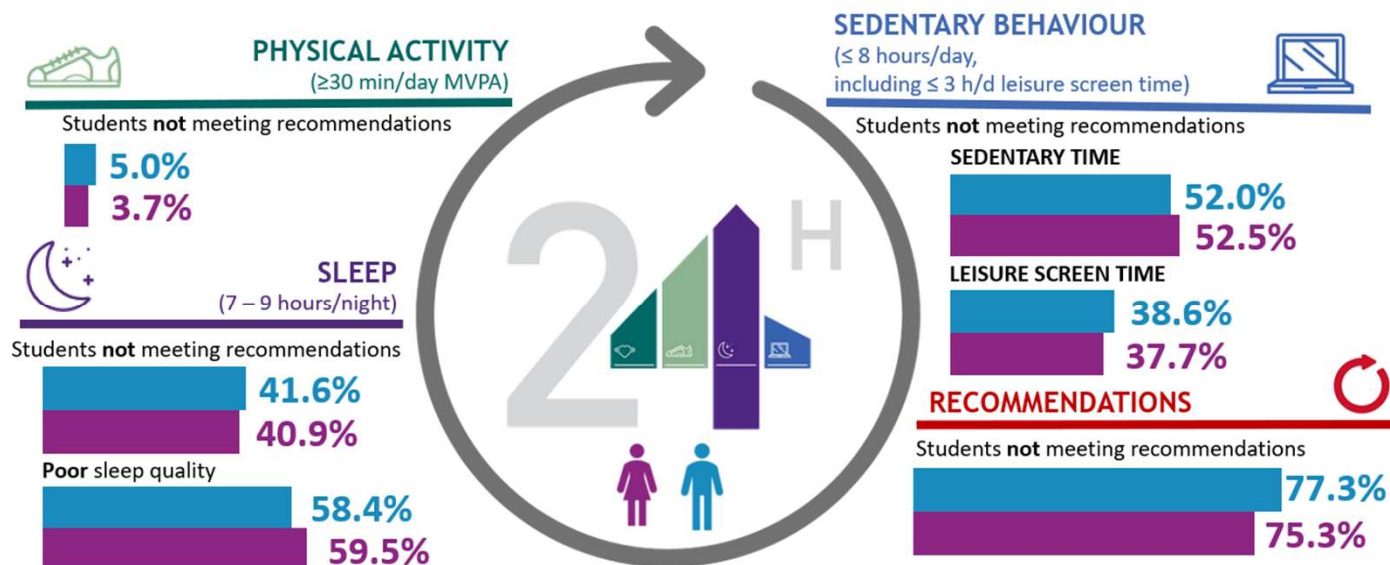
Mental health and wellbeing



Substance use



Movement behaviours



Note:

*= $p < .05$.

Physical activity and sedentary behaviours were assessed using self-report measures, which tend to overestimate reported minutes of physical activity and underestimate sedentary and leisure screen time.